

SAMPARK : A SOCIAL INITIATIVE BY KUMAUN UNIVERSITY ,NAINITAL

Tow days free online course on “ Importance of Psychology in today life”

Objectives of the Course

- This course has been designed to understand the importance of Psychology in day-to-day-life and to choose the subject of Psychology as a career opportunity.

Outcomes

- The program will help the participant to understand the importance and needs of psychology in day-to-day life and will help to understand general anxiety, stress and depression from a psychological point of view.

Duration of the course -2 days

23 June 2020

24 June 2020

Course Instructor

Suneeta kashyap

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Registration link

<https://forms.gle/CAovtUecnybVUCy16>