

Role of Yog in Developing New world

12-13 January , 2020

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Visit: www.yogakualmora.wordpress.com

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1st
IYS

International Yog Seminar on

Role of Yog in Developing New world

(Scientific, Social, Cultural, & Spiritual)

12-13 January, 2020



ORGANIZED BY:

Yogic Science Department,
Kumaun University, SSJ Campus,
Almora, Uttarakhand

Mobile: +917500323111 ;+91 9410941313
Email: yogadepartmentssjcampusalmora@gmail.com

About the Seminar

This Seminar on Yoga will Focus on the Role of Yoga in Developing in New World. A variety of Sessions from abstract driven presentations to symposia, workshops, bridging sessions and plenary sessions will meet the needs of various participants from diverse fields. Many other related activities including the special talks on various newly invented aspects of YOG, meetings of Yog experts of world, poster presentations and cultural events, will contribute to an overall exceptional opportunity towards the better understanding of YOG for Physical, Mental, Emotional, Moral and spiritual health, Social, scientific and Spiritual development.

This International Yog Seminar will be perfect opportunity to networking for various related fields Professionals. Experts on one platform. The yoga seminar will provide a multi disciplinary forum for networking and sharing of the information related to new research and evidence-based outcome of Yogic Science in developing new world. Also this seminar will facilitate stronger linkages among Vedic Wisdom, alternative therapies, Ayurveda, Naturopathy, Psychology, Social Science, Literature, History, Political science and all other related field with yog. It will explore in depth, the importance, overlap and interaction on program Yoga in developing a new world related areas.

Highlights

- ⇒ Lectures & discourses of great Masters
- ⇒ Practical
- ⇒ Research Paper Presentations
- ⇒ Poster Presentations
- ⇒ Awards of Presentations and Participants
- ⇒ Best Paper Presentation award
- ⇒ Best Poster presentation award
- ⇒ Cultural Programs

Seminar Sub themes

- * Yog, science and spirituality
- * Indian Cultural and History
- * Yog and tourism
- * Yog and Health
- * Yogies and their Contributions
- * Sanskrit / hindi /English Literatures and yoga
- * Yoga and Psychology
- * Role of yog in indian and world polity
- * Social Development
- * Vedic Wisdom and science
- * Yog in education, sports & defense.
- * Yog in social & economical development
- * Yog and personality development
- * Yog & management
- * Yog and alternative therapies
- * Yog , ayurved & medicine
- * Yog & naturopathy
- * Yog, diet and Nutrition
- * Yog & Stress management
- * Applied yog
- * Yoga Philosophy
- * Yog and environment etc.

About Yog Department Almora

Almora is a perfect place for yoga and meditation, it is situated in the mountain range of himalayas. The Yoga department of KUMAUN UNIVERSITY, S.S.J.CAMPUS, ALMORA is surrounded

by three dieties namely kasardevi, syahidevi and banaridevi. It is an deal location. Almora is a place where Swami Vivekanand, Lahirimahasay, Satyanand Saraswati, Mahatma Gandhi, and Tagore etc. made their penitent. The calm and peaceful atmosphere has attracted saints and spiritual leader from across the globe. The famous 'Jageshwar Dham' temple of lord shiva is only 40 km far away from this place. Lord shiva is the origin of yoga tradition. This makes the location of the campus more significant. More over' Vivekananda kutir' (from where Swami Vivekananda got his spiritual enlightenment) is also situated in the vicinity of Kumaun university campus, almora. Millions of devotees visit the shiva temple and vivekanad kutir annually. The snow covered mountain of Himalaya makes this campus like a heaven for yogis to perform yoga and meditation practices.



Important dates

- ◆ **31 December 2019** ; last date Abstract submissions
- ◆ **10 Jan 2020**; Registration last date without late fee
- ◆ **12 Jan 2020** ; Last date of Registration with late fee +Rs.500(\$7) Extra (For all Applicant) .

⇒Registration Fee :

- * **Without Accommodation** — Students Rs.1000 (\$14), Other Rs.1500(\$21).
- * **With accommodation** — Students Rs.2000 (\$28), Other Rs.2500 (\$35) .

⇒Information for Research Paper :

- ◇ **Full Paper** : Full Paper must be consist of abstract, Keywords, Introduction, Methodology, Findings, Results, Conclusion and References (word limit for full paper 3000 max. Font size 12 for Times new Roman & 14 for Kurutidev010.)
- ◇ Length of abstract should be 300 words.
- ◇ **Presentation:** Time allotted 4-5 min. only for each Presentation.
- ◇ **Poster Presentation:** 8X4 Feet (Bold Font light Background) .

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